

WEDNESDAY EVENING BIKING MONTOUR TRAIL



Date(s): May 6, 2015 and every OTHER Wednesday through ~~October 14, 2015~~ **September 23, 2015**

Time: Meet between 5:45 p.m. and 6:00 p.m.
ride leaves at 6:00 p.m.

Location: Meet in the parking area along Montour Run Rd. in front of At Home (formerly Garden Ridge/Wickes), which is located immediately off the Parkway west, Montour Run Rd. exit. Just below (west) Robinson Town Center and the Mall at Robinson.

Host: Jack Fritz
Cell Phone: 412-337-0499

This nearly limitless trail will offer rides geared to your abilities. The Montour trail is a crushed gravel trail that has fairly slight grades. Ride will start at 6:00 p.m. and the first portion will typically head north towards Coraopolis and then back again. This will be approximately 12 miles before we head south, out toward the tunnel. By backtracking like this, you have the chance to either wait for the group (if you are running late) or cut the ride short. Total ride will be at least 20 miles of serene countryside. Afterwards we will select a nearby restaurant to visit for food and refreshments. Call it après biking. Call Jack Fritz, or send him an [e-mail](#) if you plan to join us.

Gimme a map

MAY							JUNE							JULY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6				1	2	3	4	
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25
24	25	26	27	28	29	30	28	29	30	26	27	28	29	30	31					
31																				

AUGUST							SEPTEMBER							OCTOBER							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1				1	2	3	4	5					1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	27	28	29	30	25	26	27	28	29	30	31				
30	31																				

Note: The final Montour Trail ride for the year will be September 23, 2015.