WEDNESDAY EVENING BIKING MONTOUR TRAIL

Date(s): Every Wednesday from May 1, 2024 and through

September 25, 2024. See calendar below.

Time: Ride leaves at 5:30 p.m.

Meet 15 minutes beforehand

Location: Meet in the parking area along Montour Run Rd. in

front of At Home (formerly Garden Ridge/Wickes), which is located immediately off the Parkway west, Montour Run Rd. exit. Just below (west) Robinson

Town Center and the Mall at Robinson.

Host: Jack Fritz: Cell Phone: 412-337-0499 or email

Lucy Sattler Cell Phone 412-607-5326 or email



This nearly limitless trail will offer rides geared to your abilities. The Montour trail is a crushed gravel trail that has fairly slight grades. Ride will start at 6:00 p.m. and the first portion will typically head north towards Coraopolis and then back again. This will be approximately 12 miles before we head south, out toward the tunnel. By backtracking like this, you have the chance to either wait for the group (if you are running late) or cut the ride short. Total ride will be at least 20 miles of serene countryside. Afterwards we will select a nearby restaurant to visit for food and refreshments. Call it après biking. Call or send an e-mail to Jack or Lucy if you plan to join us.

Don't forget to bring bike gloves, a helmet and plenty of water.

Gimme a map

			_																	_		
APRIL								MAY							П	JUNE						
S	M	Т	W	Т	F	S		S	M	Т	W	Т	F	S		S	M	Т	W	Т	F	S
	1	2	3	4	5	6					1	2	3	4								1
7	8	9	10	11	12	13		5	6	7	8	9	10	11		2	3	4	5	6	7	8
14	15	16	17	18	19	20		12	13	14	15	16	17	18		9	10	11	12	13	14	15
21	22	23	24	25	26	27		19	20	21	22	23	24	25		16	17	18	19	20	21	22
28	29	30						26	27	28	29	30	31			23	24	25	26	27	28	29
																30						
																30						
							l L] [
		Jl	JL	Υ					Α	U	Gl	JS	T		! ! 		ΕF	РΤ	ΕN	ИE	ВЕ	R
S	M	Jl	J L w	Y	F	S		S	A	U (GL	JS	T F	S	 		EF	PΤ	EN	ИE т	BE	R
s	м 1	J l T 2	JL w	Y T 4	F 5	s 6	L 	S				J S T 1		s 3		S		P T T 3		M E		
s 7		Т	w	Т	- 1	_		s				Т	F	_		S	M	Т	W	Т	F	s
	1	т 2	W 3	т 4	5	6			M	Т	W	т 1	F 3	3		S s 1	М 2	т 3	W 4	т 5	F 6	s 7
7	1	T 2 9	W 3 10	T 4 11	5 12	6 13		4	м 5	T 6	w 7	T 1 8	F 3 9	3		S 1 8	M 2 9	T 3 10	W 4 11 18	T 5 12	F 6 13	s 7 14
7	1 8 15	T 2 9 16	w 3 10 17 24	T 4 11 18	5 12 19	6 13 20		4	М 5 12	T 6 13	7 14 21	T 1 8 15	F 3 9 16	3 10 17		S s 1 8 15 22	M 2 9 16	T 3 10 17	W 4 11 18	T 5 12 19	F 6 13 20	\$ 7 14 21